

The Quarterly Newsletter of the San Antonio Healthy Start Consortium

Greetings! This is the first edition of the Table Talk newsletter. It will be published quarterly to keep the San Antonio community informed of what is happening with the Healthy Start Consortium.

The San Antonio Healthy Start Consortium is part of San Antonio Healthy Start, a federally funded initiative that is based on the belief that community-driven strategies are needed to attack the causes of infant mortality and low birth weight, especially among high-risk populations.

The San Antonio Healthy Start Consortium offers a means for consumers and providers of healthcare and support services, schools, local and State governments, neighborhood organizations and private businesses to come together to "sit around the table" and discuss how we can eliminate barriers that deter access by pregnant women, infants, mothers, women of child-bearing age, and parenting families in Bexar County, to systems of quality comprehensive perinatal care and support services.

The name of this publication, **Table Talk**, reflects the philosophy of the San Antonio Healthy Start staff that <u>everyone</u> in our community has something to contribute to overcoming barriers to birthing healthy babies and growing more resilient families

Table Talk will report on what is happening in the Consortium, e.g. what the various committees are doing, what activities have been planned for the

next quarter, what volunteer opportunities are available, as well as announcements and information from Consortium members. Dates and locations of Consortium meetings and individual committee meetings will also be announced

What has already happened with the Consortium? Three Consortium meetings have been held so far, one per month in February, April, and May. Approximately 90 invitations have been mailed each month to providers, organizations, and professionals soliciting their support and participation in the Consortium. We will continue to add more names.

Six Consortium committees are already up and operating under interim chairpersons. These committees are: Maternal Mental Wellness, Health Education, Community Outreach, Maternal and Infant Services, Data Collection and Evaluation, and Consumer Advocacy. An interim Executive Committee has drafted Consortium By-Laws. These will be presented at the JULY 22nd Consortium Meeting.

On June 5th, Consortium volunteers and the Community Outreach staff of Healthy Start implemented a "neighborhood sweep" – a block walk to distribute information about the free services available for pregnant women and teenagers, infants, male and female parenting families through Healthy Start. More block walks are planned in the fall.

More information about the Healthy Start program/Consortium is available at 299-5035, or the San Antonio Healthy Start website at:

www.sanantonio.gov/health/healthystart